

Patient /Client Outcomes

Name Fred Date 16th June 2002

Patient/Client Number D 168 CBT Hypno-Analytical
 Cognitive/Suggestion Hypno-Anaesthesia Total Sessions X 6

Referring G.P./Consultant.....

The purpose of this document is to monitor the progress of therapy and the effects on the presenting symptomology. For reporting purposes 0% represents no change of the presenting problem/s i.e. pain, depression, insomnia, experienced by the patient, at the completion of therapy.

Presenting Problems / Symptoms	Percentage Change
<u>Depression</u>	0% 99 % 100% Better
<u>Panic disorder</u>	0% 100 % 100% Better
<u>Anxiety</u>	0% 99 % 100% Better
<u>Suicidal Ideology</u>	0% 100 % 100% Better
<u>Self-Image</u>	0% 96 % 100% Better
<u>Sleep Disturbance</u>	0% 100 % 100% Better
<u>Headaches</u>	0% 100 % 100% Better
<u>Low Confidence</u>	0% 88 % 100% Better
	0% % 100% Better
	0% % 100% Better
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Patient/Client comments Been sick for so long, wish I had started this therapy before.
Suicidal thoughts have gone which is the best part.
Thanks David for your help, had to work at it, but really worth it in the end.
Decided to start college again, don't care what other people think.